



HELPING SOLUTION

A LIMITED LIABILITY COMPANY

THE MORE WE CARE,
the more beautiful life becomes.

913-213-3202

info@helpingsolution.com

www.helpingsolution.com

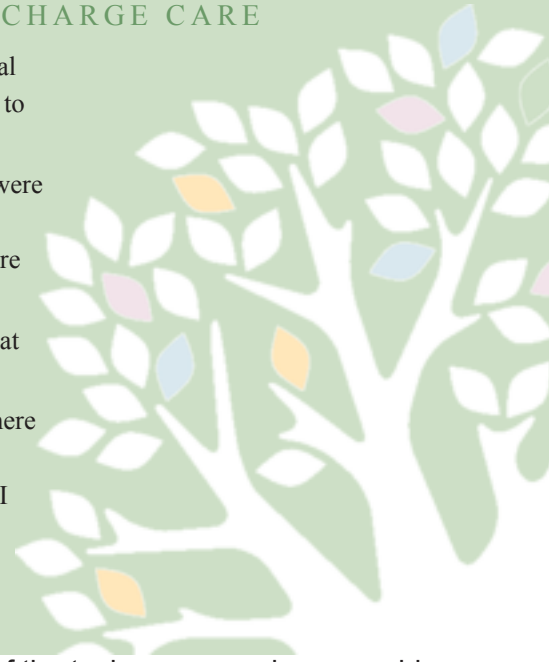
AVOID HOSPITAL RE-ADMISSION - POST-DISCHARGE CARE

Hospital stays are often very short. As soon as a doctor says you are “medically stable,” the hospital will want to discharge you. Depending on the condition, patients often transition from the hospital to home or to a short-term rehabilitation program in a nursing home.

A New England Journal of Medicine study estimated that almost 20 percent of Medicare patients were readmitted within 30 days of discharge. Often, mistakes made in medications, missed follow-up medical appointments, poor nutrition and dehydration and lack of safety preparation in the home are the issues that can lead to readmission.

The Helping Solution's Care Givers can help with many of the critical post-discharge care needs that will help lead your senior to a full and complete recovery. Here are some good questions to ask:

- * Will I need a hospital bed, shower chair, commode, oxygen supply or other equipment? If so, where do I get these items?
- * What supplies do I need? This may be diapers, disposable gloves and skin care items. Where do I get these?
- * What type of care will I need when I return home?



Some of the tasks our caregivers provide;

- * Discharge coordination and execution
- * Medication management
- * Follow-up physician visit assistance
- * Nutrition management
- * Personal care service such as bathing, dressing, toileting, exercising etc
- * Homemaker service such as shopping, light housekeeping, and meal preparation
- * Companion services such as help with supervision, recreational activities and visiting

To help you get adjusted at home and reduce re-admission, Helping Solution provides;

1) 5 hours - \$100

2) For a more comprehensive, customized service, please contact.